

PROMOTION TEST REVIEW

testing for Yellow Belt with Green Stripe

This sheet contains information you need to know to earn your Green Stripe. *You are also responsible for knowing the review information for lower belts.* Please familiarize yourself with the information before your upcoming test.

The answers are included below. If you do not understand an answer, make sure to ask a Black Belt instructor.

Fill in the blanks below to complete our School Motto.

- Improvement of Mind and Body
- Ethical self-conduct
- Unity among members

Match the Taekwon-do tenet (belief) with its definition.

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|--------------------|---|
| Courtesy | • self-esteem, self-confidence, believing in yourself |
| Integrity | • respect, politeness, consideration |
| Perseverance | • behaving properly, restraint |
| Self-Control | • trying hard, not giving up |
| Indomitable Spirit | • honesty, doing the right thing, honor |

Match the Korean word with its definition.

- | | |
|----------|--------------------|
| Do-Jang | Ready |
| Net | Two |
| Dul | Three |
| Set | Four |
| Hana | Taekwon-do uniform |
| Joon-Bee | One |
| Do-Bok | Taekwon-do School |