

PROMOTION TEST REVIEW

testing for Green Belt

This sheet contains information you need to know to earn your Green Belt. *You are also responsible for knowing the review information for lower belts.* Please familiarize yourself with the information before your upcoming test.

The answers are included below. If you do not understand an answer, make sure to ask a Black Belt instructor.

Fill in the blanks below. You should be able to recite this definition.

Taekwon-do is a Korean unarmed martial art. It is not only kicking and punching, but a way of thinking and living. The main goal of Taekwon-do is to achieve total mind and body control through training. “Tae” means foot, “Kwon” means fist, and “Do” means the way of, so Taekwon-do literally means “The way of the foot and fist.”

Fill in the blanks below to complete our Do Jang Rules.

1. Students must salute the flags when entering and leaving the Do Jang.
2. Students must bow to Black Belt Instructors upon greeting.
3. Students must use the words “Sir” or “Ma’am” when speaking to Black Belt Instructors.
4. Students must attend classes regularly.
5. Students must keep the Do Jang clean.

Match the Korean word with its definition.

Cha-Ryut	Pattern
Tul	Bow
Kyung-Net	Attention
Shi-Jak	Begin